

MARCH

with THE JUNG SOCIETY OF UTAH

Transcending the Mind

with Genpo Roshi of the Zen Center

The mind is a wonderful thing, capable of brilliant thought and creativity, as well as bringing misery and suffering. How can we understand and work with it? How can we channel this great gift and resource to bring love and joy to our lives and relationships? In this brief introduction, Zen Master Genpo Roshi will work with us to explore and directly experience how our minds can become our greatest friend and ally.



Dennis Genpo Merzel Roshi is a revolutionary in the tradition of the old Zen Masters who so embodied Buddhist teaching that they were able to revitalize and transform it for their own day and age. As Buddhism moved from India to China to Japan and other Asian cultures, it found unique expression within each culture. Genpo Roshi is working to transmit the essence of the Buddha's teachings in a way that is readily accessible to Westerners and relevant to our everyday life.

Thursday, March 4th
7-9pm
U of U Marriott Library
295 S 1500 E
Gould Auditorium, Level One
This is a free event



All mental health professionals are eligible to receive ONE COMPLIMENTARY CEU



The JUNG SOCIETY OF UTAH is a nonprofit organization that provides a platform for Jungian psychology to the general public of the Salt Lake City region.

By attending our monthly free lectures and our quarterly weekend workshops, you will be enlightened to the teachings of Carl Jung, one of the most influential figures in the history of psychology.

Come relish in a fresh perspective and meet other Salt Lake City locals in an inspiring, creative, and intellectual environment.

In cooperation with The University of Utah College of Social Work  **College of Social Work**
THE UNIVERSITY OF UTAH

For more information about this event and the Jung Society of Utah visit WWW.JUNGUTAH.COM